

SEPTEMBER Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 31 Grilled Cheese Pickle Spears Fruit Dessert	1 Turkey & Cheese Sd. w/ lettuce Potato Chips Diced Pears	2 Baked Potato w/ Cheese & Roll Or Chicken Sandwich w/ Chips Dessert	3 Hamburgers w/lettuce, pickles Tater Tots Applesauce	4 Nachos & Cheese Corn Dessert
7 Chicken Strip Wrap w/lettuce & cheese Chips Carrots & Ranch	8 Brunch 4 Lunch Biscuit & Gravy Bacon Yogurt & Bananas	9 Chicken Filet Mashed Potatoes Rolls Diced Peaches	10 Meatballs Buttered Noodles Applesauce	11 Beef Hot Dogs Chips Fruit Dessert
14 Ham Sandwich & Potato Soup Crackers	15 Chicken Sandwich Tater Tots Pickles Applesauce	16 Chicken Nugget Basket Potato Smiles Dessert	17 Turkey Club w/ Bacon Chips Diced Pears	18 Ultimate Nachos w/ chili, cheese Corn Dessert
21 Grilled Cheese Pickle Spears Fruit Dessert	22 Chicken Filet Mashed Potatoes Corn	23 Baked Potato w/ Cheese & Roll Or Turkey/cheese Sd. w/ Chips Dessert	24 Chicken Strips Mac N Cheese Veggies & Ranch	25 Hamburger Chips Watermelon Dessert
28 Ham & Cheese on Roll w/ lettuce Chips Diced Peaches Dessert	29 Brunch for Lunch Pancakes Yogurt Bananas	30 Chicken Sandwich Lettuce, Pickles Sliced Apples Carrots & Ranch Dessert	Oct. 1 Baked Ziti w/Rolls Applesauce	Oct. 2 Beef Hot Dogs Potato Smiles Diced Pears Dessert

HTLS works hard to ensure that your children eat a variety of healthy, delicious foods.

Please remember that preschool students are not permitted to bring food from home but K-6 students have the option to pack lunch or purchase school lunch. School lunches are \$4 each and include milk or chocolate milk.